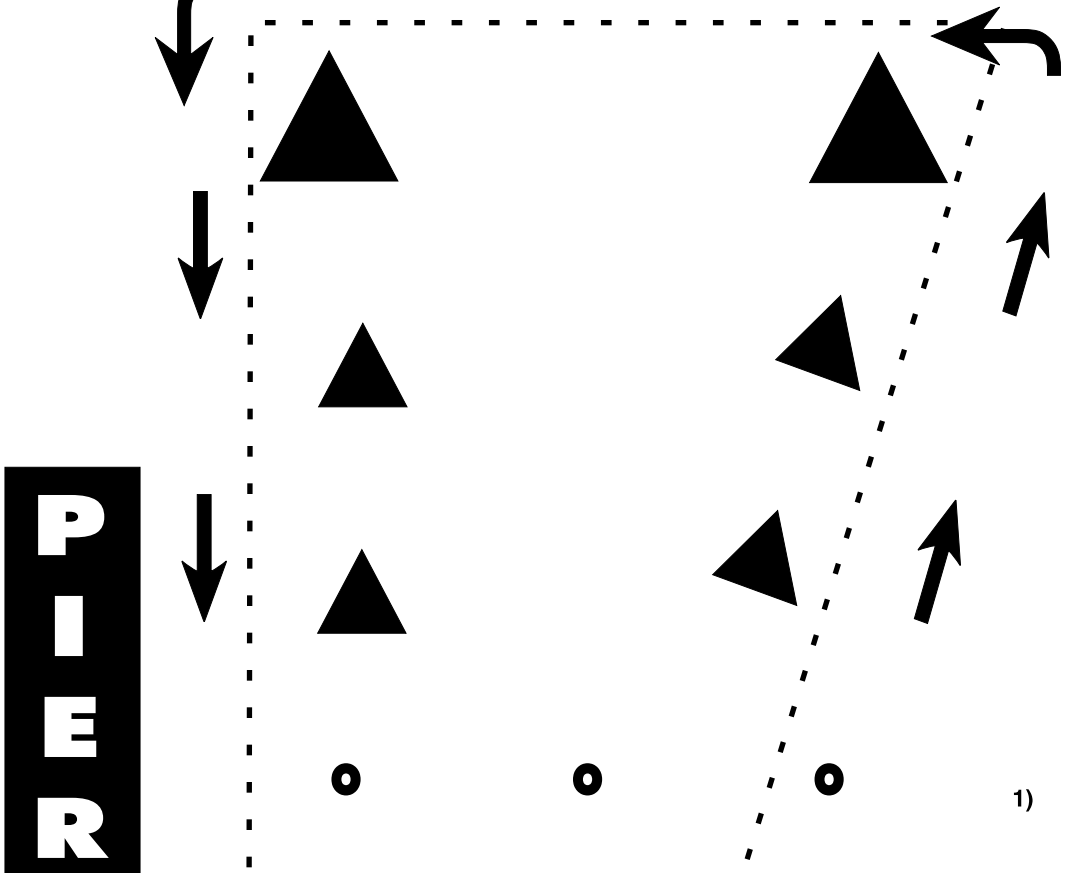
SPRINT TURN



sommer sports
clermont, florida

25TH ANNIVERSARY! 2009

The Intimidator
Florida Challenge Triathlon
1.2 Swim - 56 Bike - 13.1 Run

.25 MILE SWIM

WAVE STARTS

*NOTE - Waves 1-3 are for Long Course Athletes.

1)	7:15am	-	PINK	- All Age Group Women All Athena Athletes Military Women
2)	7:25am	-	YELLOW	- Age Group Men 45 & Over All Clydesdales
3)	7:35am	-	GREEN	- All Age Group Men 44 & Under Military Men
			LT BLUE	Aqua Bike
			SILVER	Relay Teams
4)	8:45am	-	ORANGE	- **SPRINT -** All Women
5)	8:55am	-	RED	- **SPRINT -** All Men & Relay Teams

Failure to start in the proper wave may result in disqualification!