

25TH ANNIVERSARY!

2009



Florida Challenge Triathlon
1.2 Swim - 56 Bike - 13.1 Run

5K & 13.1 MILE RUN COURSES

The run course is out and back on the South Lake Trail. Please note that both the short and long course runs share the same course. The short course run turnaround is approximately 300 yards east of the US 27 overpass. The long course turnaround is 1.75 miles further east.

Long course runners complete two laps of the run course, returning to the run start after lap 1. Runners will then run across the timing mats and start lap 2.

LONG COURSE (13.1 MILE) RUNNERS COMPLETE TWO LAPS OF THE 6.55 MILE COURSE!

